BECOME Disciples

BE ONE • MAKE ONE •

FALSEHOOD TEST

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Become Disciples: Falsehood Test

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Purpose of This Exercise:

Genuine conversion leads to a decisive break with sin and a wholehearted commitment to truth. Yet lying, deception, false impressions, and hypocrisy often persist, even among believers, raising the question of whether truth has fully taken root in the heart.

“Surely You desire integrity in the inner self, and You teach me wisdom deep within.” Psalm 51:6 (CSB)

This exercise is not designed to condemn, but to expose falsehood so freedom can follow. Truth heals what deception damages.

How to Use This Test (Important)

- Do not rush.
- Answer before God, not before people.
- This is about alignment, not perfection.
- If shame rises, pause and return to grace (1 John 1:9).

COMMITMENTS TO TRUTH

Prayerfully read each statement. Mark those the Holy Spirit highlights.

❒ I will not maintain any relationship I would be ashamed for others to know about.
❒ I will not go to places I would not want known.
❒ I will not allow people to believe something about my relationship with them that is untrue.
❒ I will not tell partial truths that lead others to false conclusions.
❒ I will not speak of intention as if it were action.
❒ I will not present imagination as reality.
❒ I will not pretend love where it does not exist.
❒ I will not claim victory where I am still battling.
❒ I will not hide what I genuinely love.
❒ I will not confess sin without intending separation from it.
❒ I will not say I hate what I secretly cherish.
❒ I will not maintain private habits, attitudes, or behaviours that undermine my public obedience to Christ.
❒ I will not agree outwardly with what I reject inwardly.
❒ I will not make promises I am not resolved to keep.
❒ I will not exaggerate the faults of others.
❒ I will not justify before people what I cannot justify before God.
❒ When truth must be spoken, I will speak it, regardless of cost.
❒ I will not pretend ignorance where I have knowledge.

- ❒ I will not pretend knowledge where I have none.
- ❒ I will not deny what I have seen or heard.
- ❒ I will not manipulate appearances to avoid responsibility.
- ❒ I will not speak words I would fear to give account for before Christ.

RENOUNCING FALSEHOOD

Prayerfully renounce every form of falsehood the Spirit reveals:

- ❒ False motives
- ❒ False looks
- ❒ False touches
- ❒ False words
- ❒ False actions
- ❒ Exaggeration (praise, rebuke, silence)
- ❒ False impressions
- ❒ False desires and hopes
- ❒ False joy, anger, or fear
- ❒ False promises
- ❒ False repentance
- ❒ False reverence for God
- ❒ False respect for people
- ❒ Ambiguous relationships
- ❒ False use of time
- ❒ False use of money
- ❒ False prayer or worship
- ❒ Falsehood in family, friendship, leadership, and service

Reflection:
Where has falsehood become normal instead of intolerable?

TRUTH DIAGNOSTICS (Self-Examination)

Answer **yes / no / need to repent.**

- Are there communications you would not want read publicly?
- Are there relationships you would hide if exposed?
- Do you appear spiritually stronger than you truly are?
- Do you pray to be heard by people rather than by God?
- Do you promise prayer and forget to pray?
- Do you delay obedience you know God has required?
- Do you handle money in ways you would avoid auditing?
- Do you benefit from errors that favour you financially?
- Do you plan generosity “later” when God asked for “now”?

“Search me, God, and know my heart.” Psalm 139:23

THEOLOGICAL CLARITY (Read Slowly)

- God **cannot lie**.
- Jesus **is** the Truth.
- The Holy Spirit is the Spirit of Truth.
- No lie permanently advances God’s Kingdom.
- Falsehood opens doors to spiritual bondage.
- Truth restores communion with God.

Truth is not merely spoken, it is lived.

CLOSING PRAYER

Lord Jesus,
You are the Truth.
I renounce every form of falsehood, spoken, lived, hidden, or justified.
Cleanse my heart.
Align my inner life with Your light.
Teach me to walk in truth, regardless of cost.
Amen.

FINAL REMINDER

This test is not about condemnation; it is about freedom.
Truth does not destroy disciples; it forms them.

“You will know the truth, and the truth will set you free.” (John 8:32)