

BECOME *Disciples*

BE ONE • MAKE ONE •

Session: The First Mark of a Disciple:
Loving God (Identity)

Identity Assessment New Believers

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How to use this assessment

You’re new to following Jesus, and that’s a wonderful place to be. This isn’t a test, and there are no wrong answers. It’s a chance to stop and take in what God says about you.

Answer honestly, then bring it with you when you meet your disciple-maker.

Use this scale for each statement:
1 = Still learning this | 2 = Starting to believe it | 3 = I believe it

Words to Know

Identity: Who you are at the deepest level.

Adoption: God bringing you into His family as His own child.

Grace: God’s love and kindness that you don’t have to earn.

1) WHAT NO LONGER DEFINES ME

Tick any that used to shape how you saw yourself. In Jesus, they no longer get to name you.

If any of these stir up pain, that’s okay. Bring it to your disciple-maker. You don’t have to work this through alone.

- ☐ What I achieve (work, school, sport, money)
- ☐ What people think of me
- ☐ How I look
- ☐ My family or where I come from
- ☐ My past, or what someone did to me

Check-in: Which one am I most glad God has set me free from?

2) WHO I AM NOW

You became God’s child the moment you trusted Jesus.

	I believe...	1	2	3
I am a child of God.		☐	☐	☐
God loves me, even when I get it wrong.		☐	☐	☐
I can call God my Father.		☐	☐	☐
I don’t have to be good enough first.		☐	☐	☐

Check-in: Which of these truths means the most to me right now?

3) WHAT GOD SAYS ABOUT ME

You’re not working to become His child. You already are.

	I believe...	1	2	3
I am forgiven.		☐	☐	☐
I am loved, all the way down.		☐	☐	☐
I belong in God’s family.		☐	☐	☐
My past doesn’t decide my future.		☐	☐	☐

Check-in: Which truth do I want to hold on to this week?

Wherever You Are

Look over your answers. Wherever you landed, God is with you.

- ☐ Mostly 3s: Wonderful. Keep reminding yourself who you are.
- ☐ Mostly 2s: You’re growing. God is patient with you, so be patient with yourself.
- ☐ Mostly 1s: That’s okay. You’re still new, and these truths take time to sink in. Your disciple-maker will walk with you.

One Next Step:

- ☐ Each morning this week, say out loud: “I am a child of God.”
- ☐ Read Romans 8:15-16 every day this week
- ☐ Write 1 John 3:1 somewhere I’ll see it every day
- ☐ Tell my disciple-maker which truth means the most to me
- ☐ When I get it wrong, pray: “Father, I’m still Your child. Help me.”

SAY IT OUT LOUD

I am a child of God.
I am loved, all the way down.
I am forgiven.
I am not my past.
I am not what was done to me.
I am home.

CLOSING PRAYER

Father,
Thank You that You loved me first.
Thank You that I don't have to earn my place with You.
Thank You for making me Your child,
not because of what I've done, but because of what Jesus did.
Help me believe it, every day.
Amen.

REMEMBER

You are a child of God. That's who you are now.
You don't have to earn God's love. He already loves you.
Your past doesn't get the final word. God does.

You're not climbing to God. You're home.

